

ANNUAL REPORT

2022

 **AXIS**Health System



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CONNECTING IN OUR COMMUNITIES TO MAKE A DIFFERENCE...



A LETTER FROM OUR BOARD PRESIDENT



John Albright
Board President



Our commitment includes finding and filling gaps that exist in healthcare throughout our region.

– John Albright,
Board President

PROVIDE THE HIGHEST QUALITY OF CARE IN OUR COMMUNITIES

As has always been the case in my time as a board director at Axis Health System, there has been no lack of exploring ways to stay competitive and innovative to provide the highest quality of care in our communities. Our commitment includes finding and filling gaps that exist in healthcare throughout our region. This approach has led us to discover creative ways to meet the many challenges we face. For example, Axis began a collaborative effort with the Durango Police Department to develop the Co-Responder Program, which pairs a Crisis Intervention Team Officer with a Behavioral Health Specialist to co-respond to crisis situations. Another example would be the introduction of an oral health program at our Archuleta Integrated Healthcare clinic, filling a need in the county that has very few dental services. We have also expanded our Youth Suicide Prevention Program to the Montrose, Gunnison, and Telluride areas. These are just a few of the many examples of new outreach in the last year.

As many who are reading this are well aware, Axis has a firm commitment to providing quality healthcare to all those who pass through our doors. The insured, uninsured, and underinsured are all welcome here. To further those ends, Axis has partnered with The Center for Mental Health, based in Montrose, and completed a merger to bring our two organizations together. This merger, completed after many months of planning and the blessings of State agencies, will allow us to respond to the state's changing goals more effectively for our larger region. I am excited to work with the six new counties under the umbrella of Axis. Additionally, the area previously served by The Center will join with Axis in finding ways to increase access to integrated care, treating the whole person, a mission embraced now for many years in our organization and increasingly by the entire healthcare industry. We see this merger as a real plus for our combined service area. Our staff, particularly Axis CEO Shelly Burke and former Center for Mental Health CEO and now Axis President Shelly Spalding, together with the Boards of Directors of both agencies, were very committed and did some outstanding work to make this merger happen.

I am grateful to everyone, most particularly our staff, who contribute to making this organization continually rise up to provide a higher standard of care for all. Thanks also to our Board of Directors for always showing a strong commitment to excellence.

OUR BOARD OF DIRECTORS



Axis Health System Board of Directors: (from left to right) Gus Westerman, Karen Sheek, Secretary, John Albright, President, Mandy Miller, Paul Nazaryk, Vice President, Rob McNutt, Chuck Forth, Treasurer, Fran Perrin, Bob Yearout, Marissa Talamante, Bob Juskevich, MD, Alex Durham.

A LETTER FROM OUR CEO



Shelly Burke
Chief Executive Officer

ENVISIONING HOW HEALTHCARE CAN AND MUST CONTINUE TO CHANGE

The world of healthcare continues to evolve, and so does Axis Health System (Axis). At the end of the day, our team understands that healthcare is about *people caring for people*. I am proud of this organization and the incredibly talented, committed, and compassionate staff who are focused on improving the health and well-being of our patients and communities. It is the balance between performing and transforming that allows us to deliver on our current goals while also envisioning how healthcare can and must continue to change.

Although these continue to be challenging times on so many levels, I am excited to share some accomplishments and highlights from the past year. While this is not an exhaustive list, I believe it is indicative of our **commitment to excellence and a broad understanding of what community-based healthcare can be**. Last year, we retained recognition as a Patient-Centered Medical Home from the National Council for Quality Assurance for delivering high-quality, cost-effective primary care. With a focus on improved outcomes and early intervention, we launched a new primary care hypertension program as part of a national initiative that has shown significant improvements in our impacted patient population. Recognizing the intersection between stable housing and health, we worked with community partners to support 40 units of permanent supportive housing for people experiencing chronic homelessness. We partnered with the Cortez Fire Protection District and Montezuma County to create the Community Intervention Program. Additionally, we expanded the award-winning Senior Reach Program, which is designed to decrease depression, anxiety, and isolation among older adults and we are now serving three times more older adults than just three years ago.

The merger with our long-standing partner, The Center for Mental Health, was also a big part of 2022 and influences how we look ahead to the future. Through this merger, Axis expanded the talent and expertise of our staff and our board, creating improved resource alignment and infrastructure that will allow us to continue to improve our responses to core community healthcare needs. The merger was effective July 1, 2022. We now work together as a better-resourced, unified healthcare provider in the communities that each organization was previously serving on our own.

As you review this report, I believe you will see a team that leads with a mission-driven, community-based approach and a focus on high-quality care that makes *a meaningful difference* both now and into the future. I am fortunate to work with our Board of Directors, our staff, and our engaged community partners in pursuit of improved health outcomes in this very special place we call home.

With great optimism,



At the end of the day, our team understands that healthcare is about *people caring for people*.

– Shelly Burke,
Chief Executive Officer

EXECUTIVE LEADERSHIP



Shelly Burke
Chief Executive Officer



Shelly J. Spalding
President



Pam Sharratt, Ph.D.
Executive Vice President of Strategy



Alex Conrad
Executive Vice President of Finance & Operations



Dr. Luke Casias
Chief Medical Officer



Shay Denning
Chief Legal Officer



Lincoln Pehrson
Chief Integration Officer



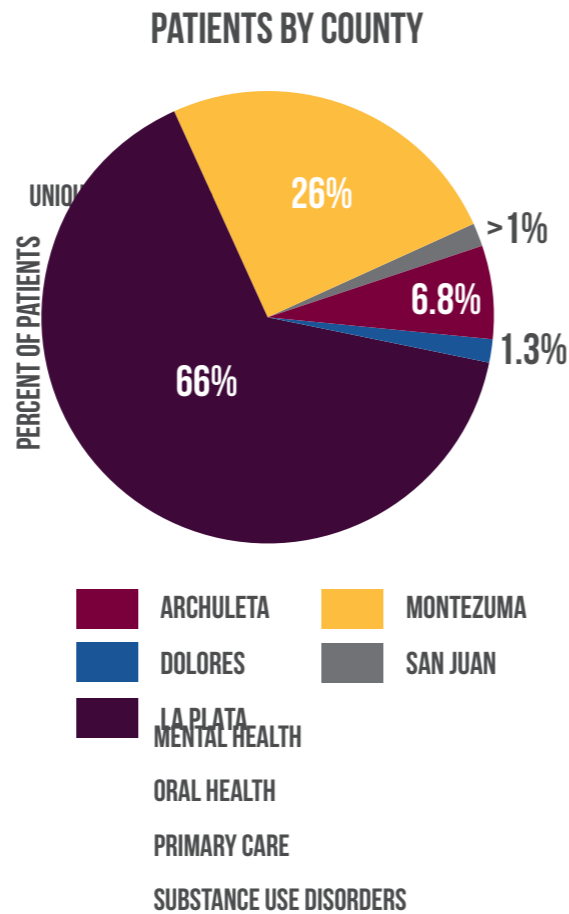
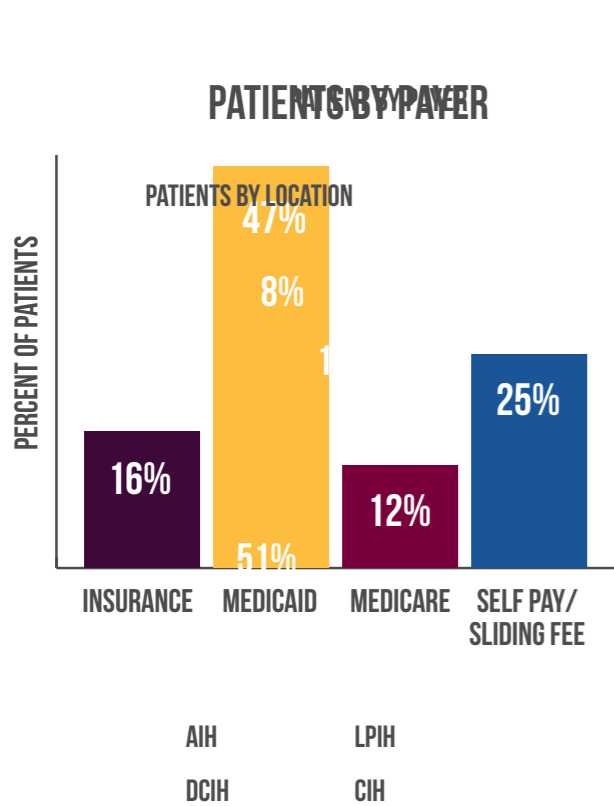
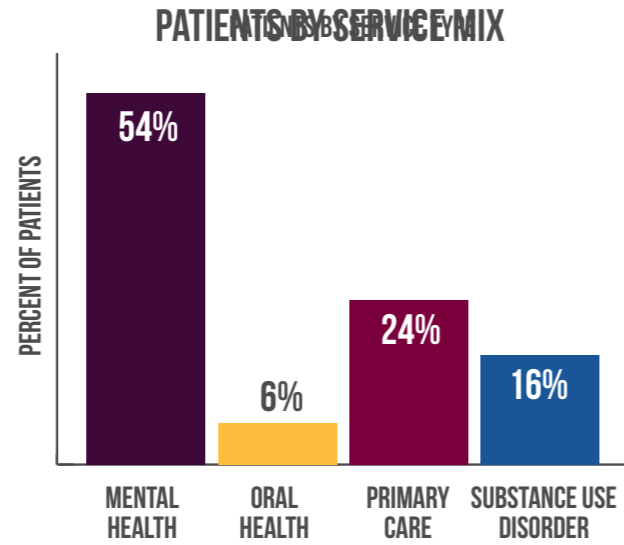
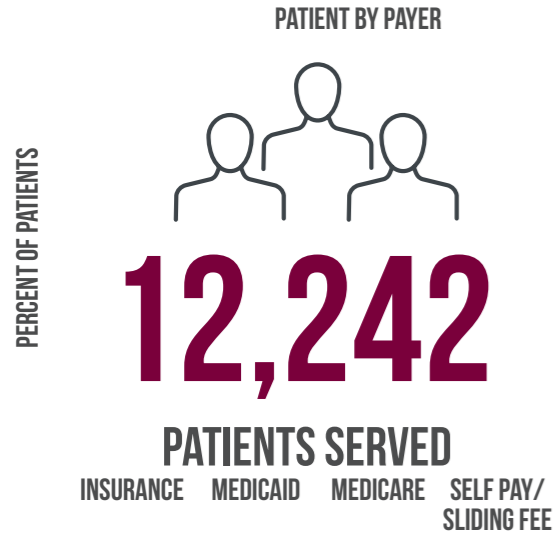
Tina Squires
Chief Financial Officer



Stacie Russell
Chief Behavioral Health Officer



PATIENT DASHBOARD



People who are incarcerated historically haven't had a lot of support... Our team plays a really important role in being able to model new behaviors.

– Morgan Williams, Behavioral Health Clinical Supervisor

SPECIAL COMMUNITY PROGRAMS

537 TITLE X PATIENTS

Title X is a family planning program ensuring that every person has access to reproductive healthcare.

350 PATIENTS EXPERIENCING HOMELESSNESS

The Healthcare for the Homeless Program supports individuals and families experiencing homelessness to get the healthcare they need.

2,825 PEOPLE SERVED IN CRISIS PROGRAMS

The Crisis program provides access to mental health, crisis support and substance use crisis support and response.

853 PEOPLE SERVED IN JAIL-BASED PROGRAMS

Structured Services both inside and outside incarceration designed to build coping skills, reduce stress and recover from substance use and mental health needs.

PATIENT EXPERIENCE



Dawn Jones, LPN, treats a little patient at CIH.

PATIENT-CENTERED MEDICAL HOME

Axis Health System's clinics in Dove Creek, Durango, and Cortez have earned the National Committee for Quality Assurance (NCQA) Patient-Center Medical Home Recognition. This NCQA recognition emphasizes the use of systematic, patient-centered, coordinated care that supports access, communication and patient involvement.



I'm very thankful for EVERYONE THERE!! This is one of the best clinics I have ever been to and would recommend anyone to go there with any health issues that need attention.

– Daniel, patient



I love that Axis has medical, dental, and mental health all in the same company. It's amazing, they've helped my family stay on track with dental appointments, yearly physicals, and mental health check-ins if, we need them!

– Kyle, patient



The favorite part of my job is taking care of our patients... I am able to share with them that we are here for them with compassion and empathy.

– Aleena Robson, MA
Dove Creek Integrated Healthcare

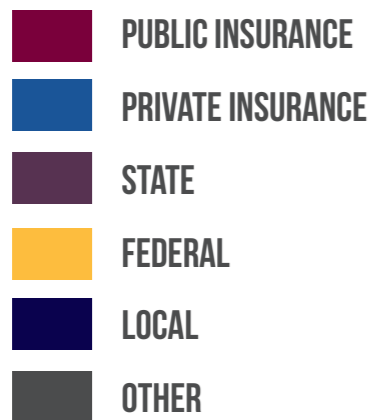
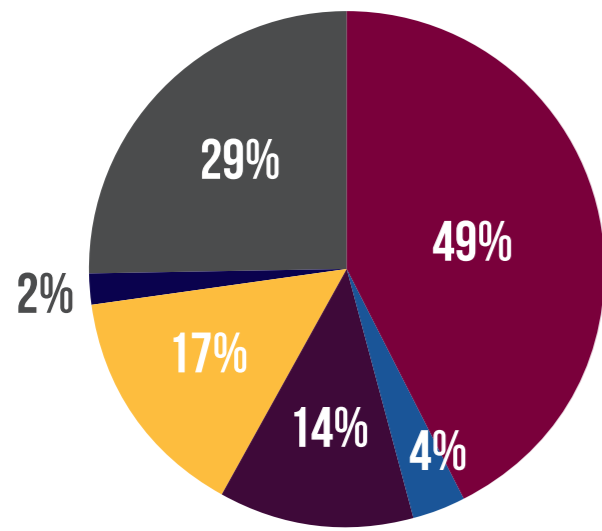


734 SURVEYS CONDUCTED

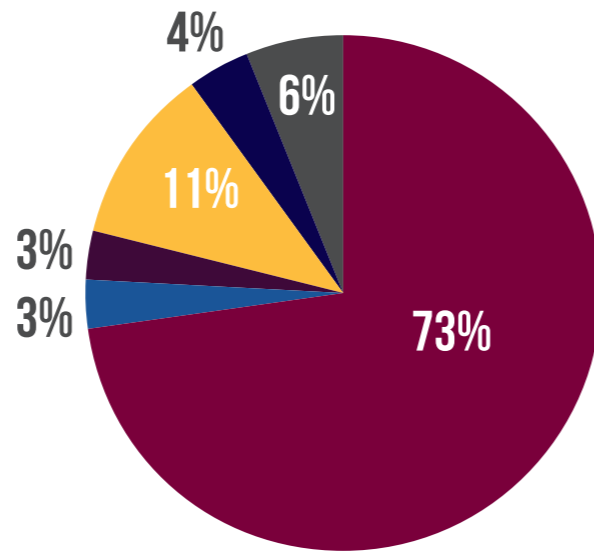
95% AVERAGE POSITIVE RESPONSE RATE

FINANCIALS AT-A-GLANCE

FY22 REVENUE



FY22 EXPENSES



THANK YOU TO OUR FUNDERS

Ballentine Fund
City of Durango
Colorado Department of Health and Environment
Colorado Department of Labor
Colorado Department of Health Care Policy
Colorado Office of Behavioral Health
Delta Dental

Denver Foundation, Colorado Health Access Fund
Dolores County
Federal Communication Commission
Federal Emergency Management Agency
Health Resources & Services Administration
La Plata County
LOR Foundation, Cortez

Montezuma County
Rocky Mountain Health Plans
The Colorado Health Foundation
Town of Bayfield
Town of Dolores
Town of Ignacio
Town of Mancos
Town of Pagosa Springs
West Slope Casa



I am proud to be part of an organization that reduces barriers to access in rural and frontier communities. Community members need to know they can consistently access these services without having to go far from home.

– Jeanne Marotta, C-FNP, Archuleta Integrated Healthcare

The Axis Health System Community Health Center is supported by federal funding provided by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

COMMUNITY OUTREACH



CIP Team members Charlee Sharpe, CAS, and Al Brokofsky, EMT.

COMMUNITY INTERVENTION PROGRAM (CIP)

CIP is a grassroots, community-led response to non-criminal calls to 911, through a highly resourced, "boots on the ground" team that is a partnership between Axis, the Cortez Fire Protection District (CFPD), and Montezuma County.

The majority of community members are treated in the community and do not require a higher level of care.

78 SERVICES PROVIDED
IN ITS FIRST TWO MONTHS

“ The CIP team met with an individual who is uncomfortable going to an office and being around people. The CIP team provided an iPad to support the individual with a Telehealth visit to Axis. Being able to sit in their own home and talk to a counselor made a huge difference for this person.

– Chief Borden, CFPD

CONNECTING OUR OLDER ADULTS



Senior Reach has proven highly successful in decreasing depression, anxiety, and feelings of hopelessness and social isolation among seniors. The program offers support to older adults' well-being, independence, and dignity through community education, mental health services, and connection to local resources.

“ Addressing one issue at a time in a concrete manner can help untangle the web of uncertainty that can surround their lives.

– Anne DiZenzo, LCSW, Senior Reach Therapist

ORAL HEALTH EXPANSION

Pagosa Springs residents can now receive dental care at our Archuleta Integrated Healthcare (AIH), an Axis Health System clinic. A new dental healthcare option in Pagosa Springs is something to celebrate.



Dr. Summer Damico

“ We know the need is there and we are so thrilled to be providing dental care in Archuleta County.

– Sarada Leavenworth, Senior Director of Strategy & Development



ESPERO PERMANENT SUPPORTIVE HOUSING

Less than a year after opening, Espero residents are thriving. The majority of the residents are engaging in services and experiencing positive outcomes.



Our goal at Espero is to create a community — not just a place to live.

– Stephanie Allred, Ph.D.,
Senior Clinical Director for Axis

42 RESIDENTS

36 SINGLE ADULTS

3 COUPLES

38 RESIDENTS HAVE BEEN ENROLLED WITH MEDICAID

86% RESIDENTS UTILIZE ON-SITE BEHAVIORAL HEALTH SERVICES

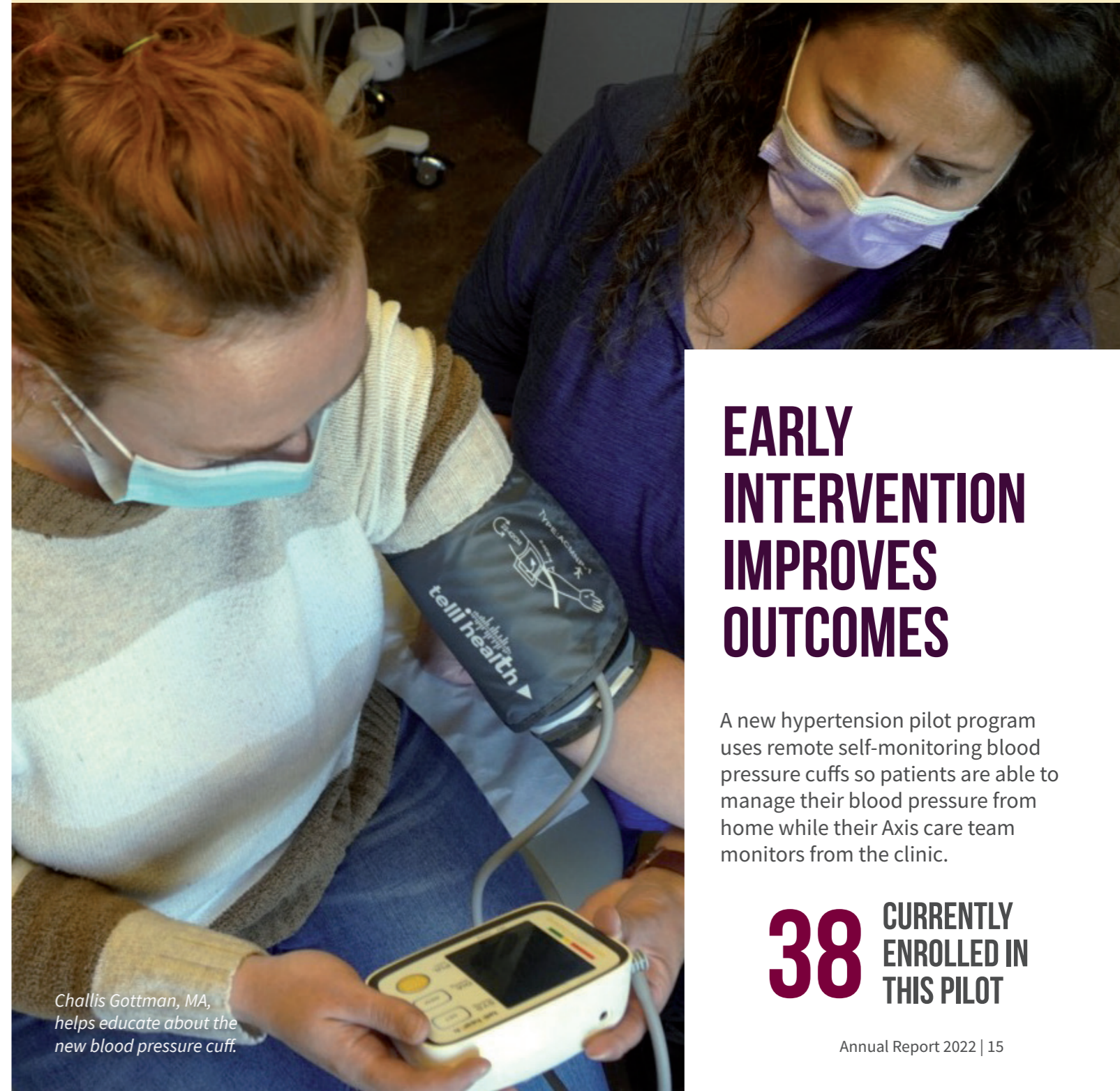
90% RESIDENTS UTILIZE PRIMARY CARE



Axis staff participate in Narcan training at Opioid Awareness Day event.

OPIOID HARM REDUCTION

Axis Peer Recovery Specialists are trained to walk side-by-side with people, exploring recovery and navigating treatment options. They also support a variety of community harm reduction efforts.



Challis Gottman, MA, helps educate about the new blood pressure cuff.

EARLY INTERVENTION IMPROVES OUTCOMES

A new hypertension pilot program uses remote self-monitoring blood pressure cuffs so patients are able to manage their blood pressure from home while their Axis care team monitors from the clinic.

38 CURRENTLY ENROLLED IN THIS PILOT

“

I get excited thinking about what types of services and resources would best help clients, and then working with staff to develop new programming that meets the needs of our community.

– Jennifer Rhoda Lucchesi, Psy.D, LP
Director of Behavioral Health
Outpatient



PATIENTS AS PARTNERS

EXCEPTIONAL HEALTHCARE

COMMITMENT TO EXCELLENCE

CULTURAL OF CHANGE

COMPASSION FOR ALL



MERGER SUMMARY

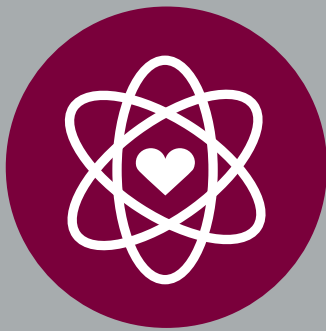
Axis Health System and The Center for Mental Health completed a merger on July 1, 2022. As a result, Axis now has more than 400 staff and is projected to serve nearly 20,000 patients in the coming year. This merger brings together two long-standing partners with extensive healthcare delivery expertise and a commitment to their communities.



“

With the merger we have become one team, solving problems together in our communities. It's why we do the work we do.

– Shelly Spalding, former CEO at The Center for Mental Health and now President of Axis



OUR MISSION

To make a meaningful difference through healthcare innovation and caring for the whole person.

